

# KPN

*Knowledge Performance Now*

KPN Health, Inc.  
TMSI Endorsed Partner  
TORCH Spring Conference  
Hyatt Regency Dallas

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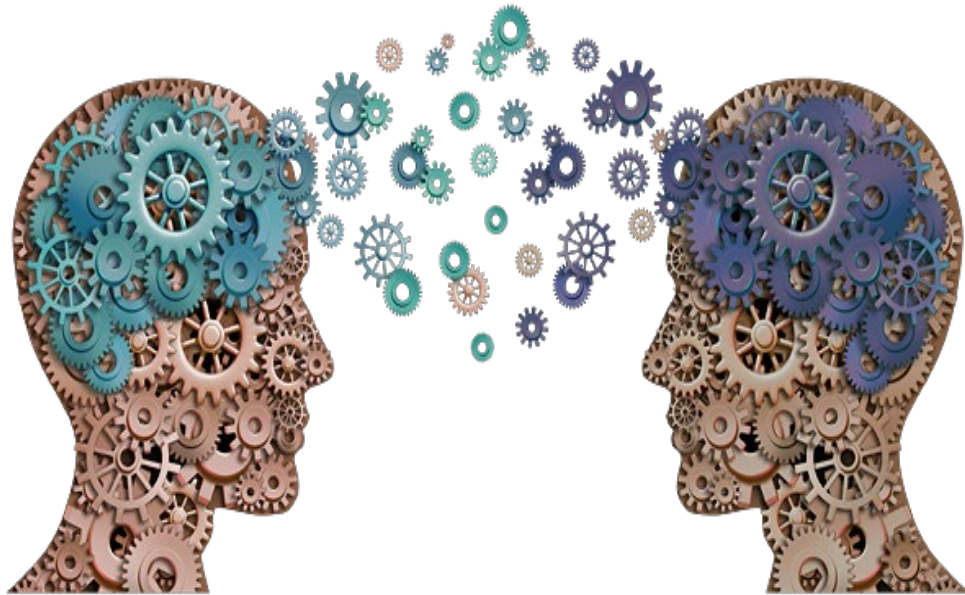
March 30 - April 1, 2021

# About KPN Health Inc.

- KPN Health provides IT-based software solutions and a wide range of cross-industry strategic business and operational services, leveraging existing infrastructure and existing technology landscapes based on community health needs. These methodologies offer a faster roadmap to deployment for communities and health care providers.
- KPN Health's *solution sets* and *dashboards* provide physicians with actionable insights into cost, quality, and utilization that influence patient behavior for improved health and financial performance outcomes and improve clinical and operational performance and financial reimbursements.

For more information, visit [www.kpnhealth.com](http://www.kpnhealth.com)





# About This Session...

- Accessibility to vital patient information as patients move throughout the continuum of care.
- COVID-19 and healthcare costs have exposed the need for greater care collaboration and informed decision-making at the “**point of care**” and the population level.

## Key “Take-Aways”

- Visualize data empowerment.
- Recall how the use of KPN Optimize® Point of Care generates savings, summarizes solid clinical decision support and increases financial reimbursement.
- Utilize care transition to reduce readmissions and overall cost to the system.



# KPN Health | Panel of Experts



**Kim Pichanick, CEO**  
[kim.Pichanick@kpnadvisors.com](mailto:kim.Pichanick@kpnadvisors.com)

Kim has concentrated her focus in the healthcare industry with a hyper focus on the development of technologies for clinical, operational and financial aspects of healthcare to reduce healthcare costs and the delivery of improved patient care.

Kim holds a BS in Political Science from Troy University; and has completed an Executive Healthcare Leadership Program from Harvard T.H. Chan School of Public Health.



**David Hultsman, SVP CITO**  
[David.hultsman@kpnadvisors.com](mailto:David.hultsman@kpnadvisors.com)

David is a senior executive with more than 25 years of Fortune 250 experience, having served as Vice President and CIO/CTO for major airlines, banking software development, telecommunications services, oil/gas energy corporations, and health services.

David Mr. has led significant M&A projects, long-range strategy development, global infrastructure optimization and technology innovation initiatives.

David holds an MBA from The University of Dallas, an MA, Psychology and a BA, Social Sciences, from Southern Methodist University.



**Gene Hicks, SVP, Chief Strategy Officer**  
[gene.hicks@kpnadvisors.com](mailto:gene.hicks@kpnadvisors.com)

Gene has over 25 years in senior executive positions both inside and outside of the healthcare industry focused on commercial strategies and financial success. Gene is an experienced strategist delivering deep knowledge and expertise in establishing value and improving financial performance through increasing revenue and measuring and managing cost.

Gene holds a BA in Economics from Davidson College and completed the Accounting Sequence at UNC Charlotte.



**Don Navarro, Executive Chairman**  
[Don.navarri@kpnadvisors.com](mailto:Don.navarri@kpnadvisors.com)

A seasoned business executive who is recognized for his leadership and innovative abilities in complex business situations in many industries.

Most recently, Don has concentrated on technology-based companies serving the healthcare industry.



**Brandy Killion, Sr. Advisor, RN, BSN, MS**  
[Brandy.Killion@kpnadvisors.com](mailto:Brandy.Killion@kpnadvisors.com)

Brandy is an experienced Vice President Of Clinical Informatics and Quality with a demonstrated history of working in the healthcare industry. Skilled in Clinical Informatics, Quality Metrics and Reporting SME, At Risk clinical and financial bundle management, EMR data interoperability and integration and population health management.

She holds a Master of Science, Health Policy /Health Care Administration/Management, George Mason University – College of Health and Human Services, Bachelor of Science, Registered Nursing, Millikin University. She is currently enrolled in the FNP/DNP program at George Mason University



**Edward Bujold, MD, FAAFP**  
[www.bujoldmd.com](http://www.bujoldmd.com)

Dr. Bujold serves as Sr. Physician Advisor where he brings his extensive knowledge and experience as a practicing family physician to help guide development of KPN Health's Solution Sets and services designed to aid healthcare professionals in achieving the Triple Aim – improved quality metrics, reduced healthcare costs and more satisfied patients.

Dr. Bujold received his Doctor of Medicine Degree (MD), from Wayne State University and his BS, Zoology/Animal Biology, from University of Michigan.



# State of Rural Hospitals Today

# Technology Innovation



DATA TYPES

DATA  
QUALITY

DATA SOURCES

DATA  
AGGREGATION

DATA  
EXTRACTION

UNDERSTANDING OF  
COST AND  
UTILIZATION

COMPLETE VIEW OF  
THE PATIENT'S  
HEALTH

IMPROVED INSIGHTS  
THROUGH MORE  
EXTENSIVE DATA

REVENUE  
OPTIMIZATION AND  
IMPROVED CARE

# KPN POC: Power



- Bring patient behaviors to the forefront
- Manage adherence
- Highlight cost, utilization and significant findings
- Enables providers to view patient outcomes through a different lens
- Streamlines patient engagement
- Helps drive outcomes beneficial to patients, providers and healthcare organizations
- Displays risk elements and drivers





KPN Optimize* Point of Care		Utilization Rolling 6 Mo. <b>ALERT</b>		Quality/Best Practices	
Becky Smith: Female Age: 58 DOB: 12.14.1962 Treating PCP: Dr. Reade Appointment Date: 12.24.2020 Attribution: Dr. Kerr		THN At Risk Contract: Yes PCP Visits: 6 Specialty Visits: 4 Readmissions: 7 Readmission Risk: <b>High</b> SNF Readmissions: 2 SNF: Brookside Greensboro ER Visits: 5 Inpatient Admissions: 4 Most Recent Admission: 11.16.2020 Discharge Date: 11.30.20 Primary Diagnosis: Hypertension Discharged To: Home Advance Care Directive: 11.16.20 AWV: 9.8.20 Care Management: No		<ul style="list-style-type: none"><li>Document Mammogram. Must document Abnormal/Normal Final Result</li><li>Administer PHQ2. If score &gt;9 document PHQ9</li><li>Administer Flu vaccine annually. Documentation can include Refusals or Exclusions.</li><li>Administer Fall Risk Screening (q 12 mos.) and document Number of Falls. PREV</li><li>Document / Administer Functional Assessment status (q year) for patients 66+ years.</li></ul> <p>Adherence &amp; Compliance</p> <p>Statin Compliance: 65% Last fill date: 3.17.20</p> <p>Metformin Compliance 72% Last fill date: 4.1.20</p> <p>Important Trends</p> <p>B/P: has trended up for the past 6 months</p> <p>Weight has trended up for the past 3 months</p> <p>A1C has trended up for the past 3 quarters</p> <p>Creatinine has trended up over the last year</p> <p>Social Determinants / Risks</p> <p>Marital Status: Widowed</p> <p>Behavioral Health Co-Morbidities: Yes</p> <p>Access to RX: Nearest Pharmacy &gt; 10 miles</p> <p>Access to Care: PCP &gt; 15 miles</p> <p>Transportation: No Data</p> <p>Drinks per day: 3 per day</p> <p>Tobacco: Smoking 1PPD</p> <p>Opioid Risk: Medium</p> <p>At risk zip code: 23704*</p> <p>Activation Status: No Data</p> <p>Race: White Non-Hispanic</p> <p>Incidental Findings (2)</p> <p>(3.18.21) Recommended Chest CT. Follow-up 3 to 6 mo.</p>	
United Healthcare MA <b>ALERT</b>					
RAF: 2.98 ICD10 that risk adjust: 10 HCC Categories: 4 High-Cost Ratio: <b>ALERT</b> Dual Eligibility: Yes Disability: No					
ICD-10 *E11.9 *F32.5 *I10 *K55.9 E78.2 J44.1 I48.1 K21.9 F41.1 M19.91 M10.061 I50.9 J42 D64.9		Description Type 2 Diabetes Major Depression Hypertension Vascular Disorder Mixed Hyperlipidemia COPD Persistent Atrial Fib Gastroesophageal reflux Generalized Anxiety Primary Osteoarthritis Idiopathic gout, RT Knee Congestive Heart Failure Chronic Bronchitis Anemia		Date 10.15.20 10.15.20 10.15.20 9.1.20 10.15.20 10.15.20 8.1.20 8.1.20 8.1.20 8.1.20 6.15.19 6.15.19 6.15.19 6.15.19	
Showing 14 of 27					
Medication Lisinopril Metformin ER HCTZ Carvedilol Wellbutrin Klonopin Allopurinol ASA Tylenol Mirtazapine Synthroid Warfarin		Dosage 40mg BID 750mg 25mg 15mg 300mg 0.5mg 100mg 81mg QD 625mg TBD 45mg 32.0mg 2.5mg		Date 10.15.20 10.15.20 10.15.20 10.15.20 10.15.20 10.15.20 10.15.20 10.15.20 8.13.19 7.14.19 3.18.19 3.18.19	
Showing 12 of 18					
Lab A1C Lipid Panel HDL LDL Cholesterol Triglycerides Glucose Random BUN Creatinine TSH CMP Microalbumin CBC Urinalysis INR ESR ANA		Result 6.8% Completed 56.9 136.0 233 204 88 13.0 1.120 3.9 Completed 85 Completed Completed 1.5 15 1.49		Date 4.1.20 1.18.21 1.18.21 1.18.21 1.18.21 1.18.21 10.5.20 10.5.20 9.12.20 9.12.20 9.12.20 9.12.20 9.12.20 9.12.20 9.12.20 9.12.20 9.12.20	
		COVID-19			
		Positive Date: 11.19.20 Negative Date: Test Type: Antigen IP Admit: 11.19.20 IP Discharge: 11.30.19 Manufacturer: Pfizer Vaccine Date: Booster Date:			
		Vaccine Date: 9.12.20 PCV13: 6.09.20 PPSV23: 12.20.20 Shingles: 9.15.20 tDAP: 9.1.19		Provider Dr. Reade Dr. Reade Dr. Reade CVS CVS	
		Procedure Mammogram Colonoscopy DM Eye Exam DM Foot Exam BMD Spirometry Fall Risk Screen # of Falls PHQ-9 Screen PHQ-9 score Suicide Risk Functional Status MRI Brain CT Scan FOBT Pap Smear		Result Normal Normal Normal Normal Normal N/D Normal 0 Yes 8 N/D N/D Normal Normal Follow-up needed Normal Normal	
		Date 4.18.20 7.15.20 5.26.19 10.9.17 11.5.20 1.15.21 1.15.21 1.15.21 1.15.21 1.15.21 1.15.21 1.15.21 1.15.21 1.15.21 3.15.20 12.19.20 11.18.19			

ICD-10	Description	Date	Provider
<b>*E11.9</b>	Type 2 Diabetes	10.15.20	Dr. Kerr
<b>*F32.5</b>	Major Depression	10.15.20	Dr. Smith
<b>*I10</b>	Hypertension	10.15.20	Dr. Thompson
<b>*K55.9</b>	Vascular Disorder	9.1.20	Dr. Reade
E78.2	Mixed Hyperlipidemia	10.15.20	Dr. Smith
J44.1	COPD	10.15.20	Dr. Reade
I48.1	Persistent Atrial Fib	8.1.20	Dr. Wilson
K21.9	Gastroesophageal reflux	8.1.20	Dr. Thompson
F41.1	Generalized Anxiety	8.1.20	Dr. Smith
M19.91	Primary Osteoarthritis	8.1.20	Dr. Stewart
M10.061	Idiopathic gout, RT Knee	6.15.19	Dr. Smith
I50.9	Congestive Heart Failure	6.15.19	Dr. Smith
J42	Chronic Bronchitis	6.15.19	Dr. Smith
D64.9	Anemia	6.15.19	Dr. Smith

Showing 14 of 27

Medication	Dosage	Date	Prescriber
Lisinopril	40mg BID	10.15.20	Dr. Reade
Metformin ER	750mg	10.15.20	Dr. Kerr
HCTZ	25mg	10.15.20	Dr. Reade
Carvedilol	15mg	10.15.20	Dr. Smith
Wellbutrin	300mg	10.15.20	Dr. Wilson
Klonopin	0.5mg	10.15.20	Dr. Clarke
Allopurinol	100mg	10.15.20	Dr. Reade
ASA	81mg QD	10.15.20	Dr. Reade
Tylenol	625mg TBD	8.13.19	Dr. Reade
Mirtazapine	45mg	7.14.19	Dr. Smith
Synthroid	32.0mg	3.18.19	Dr. Kerr
Warfarin	2.5mg	3.18.19	Dr. Kerr

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KPN Optimize* Point of Care	Utilization Rolling 6 Mo. <b>ALERT</b>
Becky Smith: Female Age: 58 DOB: 12.14.1962 Treating PCP: Dr. Reade Appointment Date: 12.24.2020 Attribution: Dr. Kerr	THN At Risk Contract: Yes PCP Visits: 6 Specialty Visits: 4 Readmissions: 7 Readmission Risk: <b>High</b> SNF Readmissions: 2 SNF: Brookside Greensboro ER Visits: 5 Inpatient Admissions: 4 Most Recent Admission: 11.16.2020 Discharge Date: 11.30.20 Primary Diagnosis: Hypertension Discharged To: Home Advance Care Directive: 11.16.20 AWV: 9.8.20 Care Management: No
United Healthcare MA <b>ALERT</b>	
RAF: 2.98 ICD10 that risk adjust: 10 HCC Categories: 4 High-Cost Ratio: <b>ALERT</b> Dual Eligibility: Yes Disability: No	

ICD-10	Description	Date	Provider
*E11.9	Type 2 Diabetes	10.15.20	Dr. Kerr
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Showing 12 of 18

Lab	Result	Date
A1C	6.8%	4.1.20
Lipid Panel	Completed	1.18.21
HDL	56.9	1.18.21
LDL	136.0	1.18.21
Cholesterol	233	1.18.21
Triglycerides	204	1.18.21
Glucose Random	88	10.5.20
BUN	13.0	10.5.20
Creatinine	1.120	9.12.20
TSH	3.9	9.12.20
CMP	Completed	9.12.20
Microalbumin	85	9.12.20
CBC	Completed	9.12.20
Urinalysis	Completed	9.12.20
INR	1.5	9.12.20
ESR	15	9.12.20
ANA	1.49	9.12.20

COVID-19		
Positive Date:	11.19.20	
Negative Date:		
Test Type:	Antigen	
IP Admit:	11.19.20	
IP Discharge:	11.30.19	
Manufacturer:	Pfizer	
Vaccine Date:		
Booster Date:		
Vaccine	Date	Provider
Flu	9.12.20	Dr. Reade
PCV13	6.09.20	Dr. Reade
PPSV23	12.20.20	Dr. Reade
Shingles	9.15.20	CVS
tDAP	9.1.19	CVS

Quality/Best Practices	
• Document Mammogram. Must document Abnormal/Normal Final Result	
• Administer PHQ2. If score >9 document PHQ9	
• Administer Flu vaccine annually. Documentation can include Refusals or Exclusions.	
• Administer Fall Risk Screening (q 12 mos.) and document Number of Falls. PREV	
• Document / Administer Functional Assessment status (q year) for patients 66+ years.	
Adherence & Compliance	
Statin Compliance: 65% Last fill date: 3.17.20	
Metformin Compliance 72% Last fill date: 4.1.20	
Important Trends	
BP: has trended up for the past 6 months	
Weight has trended up for the past 3 months	
A1C has trended up for the past 3 quarters	
Creatinine has trended up over the last year	
Social Determinants / Risks	
Marital Status: Widowed	
Behavioral Health Co-Morbidities: Yes	
Access to RX: Nearest Pharmacy > 10 miles	
Access to Care: PCP > 15 miles	
Transportation: No Data	
Drinks per day: 3 per day	
Tobacco: Smoking 1PPD	
Opioid Risk: Medium	
At risk zip code: 23704*	
Activation Status: No Data	
Race: White Non-Hispanic	

Incidental Findings (2)	
(3.18.21)	Recommended Chest CT. Follow-up 3 to 6 mo.

Findings	Value	Date	Provider
B/P:	160/87	12.1.20	Dr. Reade
Wt.	205	12.1.20	Dr. Smith
Ht.	67 inches	12.1.20	Dr. Kerr
BMI:	32.1 (obese)	12.1.20	Dr. Reade
BSA:		12.1.20	
eGFR:	47.0	12.1.20	Dr. Wilson

Procedure	Result	Date
Mammogram	Normal	4.18.20
Colonoscopy	Normal	7.15.20
DM Eye Exam	Normal	5.26.19
DM Foot Exam	Normal	10.9.17
BMD	Normal	11.5.20
Spirometry	N/D	1.15.21
Fall Risk Screen	Normal	1.15.21
# of Falls	0	1.15.21
PHQ-9 Screen	Yes	1.15.21
PHQ-9 score	8	1.15.21
Suicide Risk	N/D	1.15.21
Functional Status	N/D	1.15.21
MRI Brain	Normal	1.15.21
CT Scan	Follow-up needed	3.15.20
FOBT	Normal	12.19.20
Pap Smear	Normal	11.18.19

Quality/Best Practices	
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Opioid Risk: Medium	
At risk zip code: 23704*	
Activation Status: No Data	
Race: White Non-Hispanic	
Incidental Findings (2)	
(3.18.21)	Recommended Chest CT. Follow-up 3 to 6 mo.

# Manage Care, Generate New Revenue & Reduce Cost



## Data | Reduce Hospital Readmissions

- Readmission within 30 days = hospital absorbs the cost
- National average cost of in-patient stay = \$12k

## Data | Generate New Revenue

- \$7-\$10 per Encounter at the *"Point of Care"*
- Remote Patient Monitoring

## Data | Improve Margin

- Expanded Services
  - Critical Access Hospitals - Increase from 2.5% to 3.2%
  - Behavioral Health (Underserved in the Rural Setting)
  - Telehealth (In Partnership with Area Providers)
- Expanded Reach
- Improved Provider Retention

# TOC with Post Acute Support

Current Admissions											
<span>0 - 24 Hours</span> <span>25 - 48 Hours</span> <span>2 - 7 Days</span> <span>7 - 14 Days</span> <span>14 - 30 Days</span> <span>ED</span> <span>Bundle</span> <span>SNF</span> <span>HH</span>											
<span>Export to Excel</span>											
Name	Age	DOB	Gender	Patient Group	Primary Insurance #	Care Management Status	Patient Class	Current Location	Room Number	Admit Date/Time (EST)	Admit Dx
Milner, Adelaide I	86	02/01/1934	F	Hulla Medicare Patient	H5330955100		Inpatient	CHMG - UnAttributed in Client List		04/09/2021 04:12 PM	Sepsis, unspecifi
Radley, Ada A	73	03/01/1947	M	Heart Advantage Patient	T9808030500	No-Not Active	Inpatient	CHMG - UnAttributed in Client List		04/09/2021 01:26 PM	Unspecified atria
Fleming, Adelaide L	70							CHMG - UnAttributed in Client List		04/09/2021 02:14 AM	Weakness
Morley, Abdul O	83							CHMG - UnAttributed in Client List		04/08/2021 10:27 PM	Anemia, unspeci
Amstead, Abdul M	71							CHMG - UnAttributed in Client List		04/08/2021 08:26 PM	Sepsis, unspecifi
Malone, Ada A	61							CHMG - UnAttributed in Client List		04/08/2021 08:10 PM	Hypoglycemia, u
Redden, Adelaide E	70							CHMG - UnAttributed in Client List		04/08/2021 06:58 PM	Cerebral infarcti
Pratt, Adeline R	69							CHMG - UnAttributed in Client List		04/08/2021 01:07 PM	Acute cystitis wit

**Readmission Details**

**Current Admission**

1/13/2021 8:54 PM

**Previous Discharge**

12/27/2020 06:15 PM

**Days Since Discharge**

17 days

**Current DX: Sepsis A41.9 (DRG 871)**  
Admitting: Dr. Kang

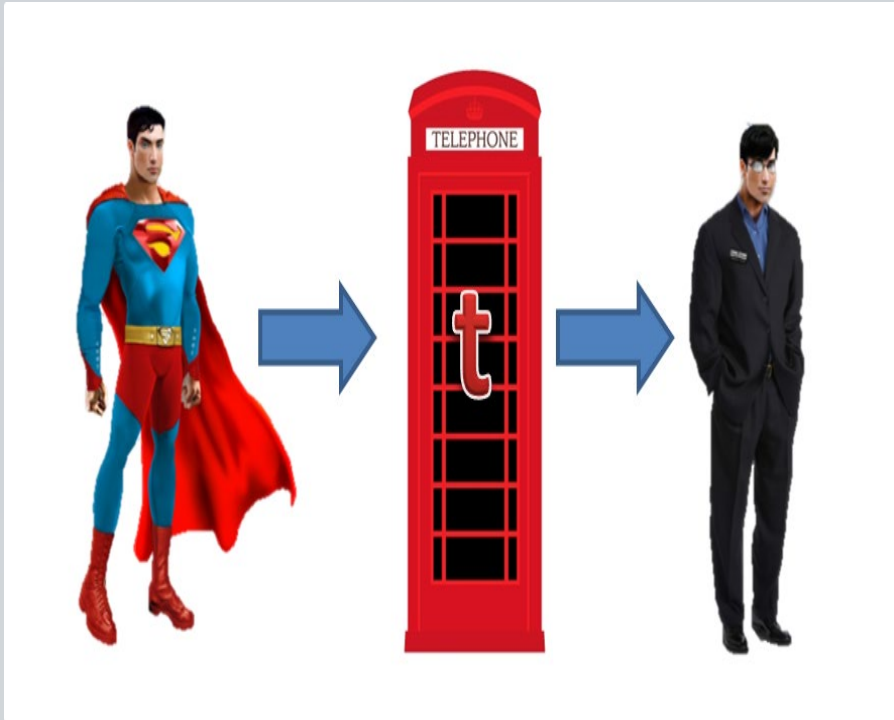
**Discharging DX: UTI N39.9 (DRG 698)**  
Discharge 03: SNF  
Brookside: LOS 9.2 days

**Days Since Discharge: 17 Days**  
Readmissions Yr. to Date: 8  
30-day readmissions: 2  
SNF 30 Day Readmissions: 1  
CM: No

CT of Chest: Mass identified F/U with Pulmonology / Oncology



# Ed Bujold, MD, FAAFP



- Independent, Solo Practice in Western North Carolina for 36 years
- Practice includes all aspects of medical care except obstetrics
- Practice continues to see inpatients
- Practice is a member of a Clinical Integrated Network (CIN) and an Accountable Care Organization (ACO)
- Practice also works in the Addiction Medicine Space
- Many Years of Experience on the Hospital Board of my Hospital System (Blueridge Healthcare which is part of Atrium Health in Charlotte, NC)

# Patient Centered Medical Home and Team Based Approach to Healthcare

## Changing the Culture/Team Members

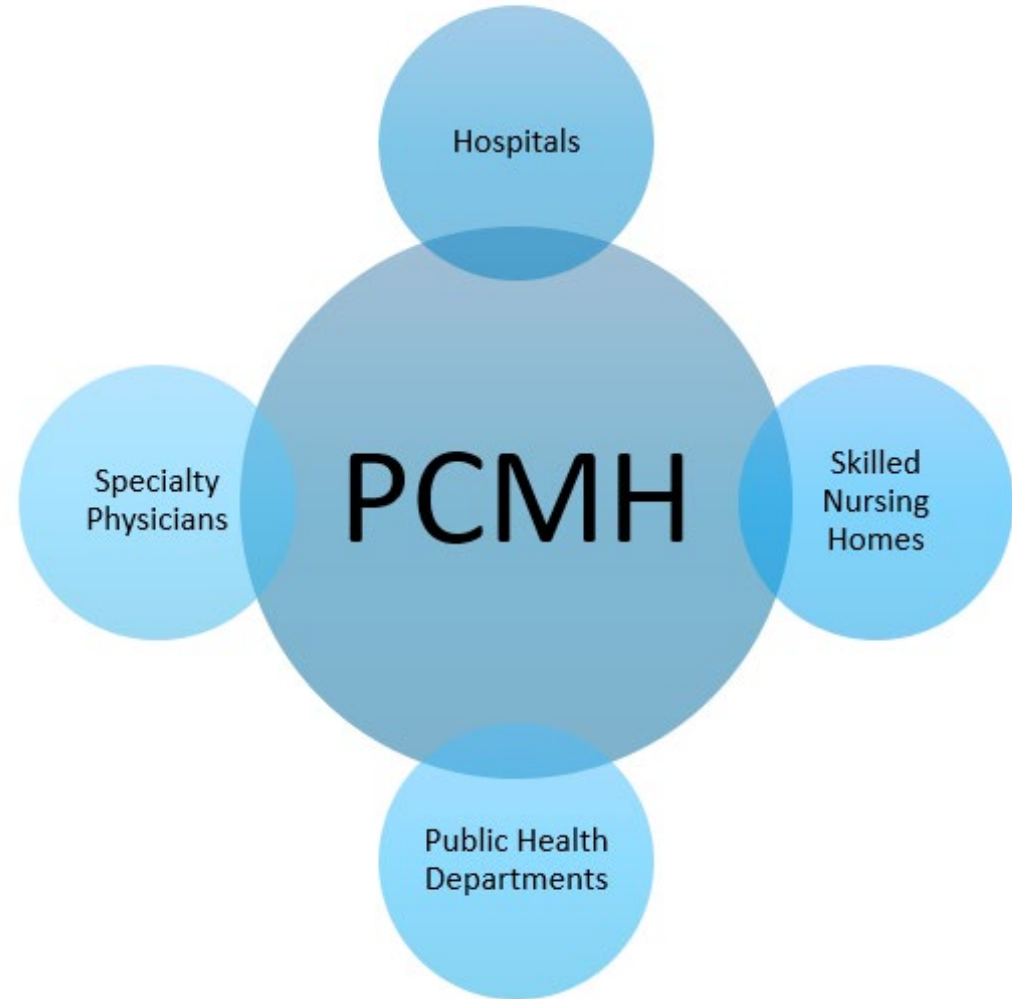
- Embedded Mental Health, PharmD, Physical Therapist, Dietician, Social Worker

## Moving towards Value Based Healthcare

- Chronic Disease Management, Preventative Care, Filling in Gaps in Care, Transitions to Care from Hospitals and Nursing Homes, MIPS/MACRA. AWW

## KPN Optimize® Point of Care Report

- Extraction of Data Every Night from Electronic Health Record



# Our Team Success



## 80% Decrease in Hospital Admissions

- Use of the hospital infusion center
- IV fluids, IV antibiotics, IV steroids, IV diuretics

## Appropriate Use of Hospice

- 75% of all health care costs occur in the last 6 months of a patient's life

## Home health

- Use of our Virtual Hospital during the COVID Pandemic

## Decreased Utilization of Emergency Room with Same Day Appts

# Information Systems with a Team Approach

- Accurate, Useful and Up to Date Providing Information at the Point of Care
- Cost analysis at the Point of Care
  - Who are your High-Cost Patients?
  - What are the Drivers of High Cost?
- Prescription Pharmacy Fill Rates
- Over \$100,000 of additional income generated from filling gaps in care and shared savings.







- 64-year-old Homeless White Female
- COPD, Diabetes, Oxygen Dependent
- No Health Insurance
- Averages Two ER Admissions per Week and Twenty Hospital Admissions over a two-year period
- Cost to the Hospital: \$760,000 per year

**Hospital Found and Paid for Low Income Housing**

**Social Worker Enrolled Patient in Medicaid**

**Hospital Introduced Patient to a Primary Care Physician in Patient Centered Medical Home**

**Within 6 Months, Utilizing Clinical Guidelines, Chronic Diseases were well controlled**

**Over the next 2 years, patient had one hospitalization per year and no ER visits**

**Total Cost to the Hospital System over the next two years: \$32,000 per year**



*Knowledge Performance Now*

# Thank You for Attending

Kim Pichanick, Chief Executive Officer

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(C) 281-468-0878

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